## **Complete Summary**

#### **GUIDELINE TITLE**

Acute pharyngitis.

## BIBLIOGRAPHIC SOURCE(S)

Institute for Clinical Systems Improvement (ICSI). Acute pharyngitis. Bloomington (MN): Institute for Clinical Systems Improvement (ICSI); 2003 May. 27 p. [43 references]

### COMPLETE SUMMARY CONTENT

**SCOPE** 

METHODOLOGY - including Rating Scheme and Cost Analysis
RECOMMENDATIONS
EVIDENCE SUPPORTING THE RECOMMENDATIONS
BENEFITS/HARMS OF IMPLEMENTING THE GUIDELINE RECOMMENDATIONS
QUALIFYING STATEMENTS
IMPLEMENTATION OF THE GUIDELINE
INSTITUTE OF MEDICINE (IOM) NATIONAL HEALTHCARE QUALITY REPORT
CATEGORIES

## SCOPE

#### DISEASE/CONDITION(S)

IDENTIFYING INFORMATION AND AVAILABILITY

Acute pharyngitis

**GUIDELINE CATEGORY** 

Counseling
Diagnosis
Management
Treatment

## CLINICAL SPECIALTY

Family Practice Internal Medicine Otolaryngology Pediatrics

INTENDED USERS

Advanced Practice Nurses Allied Health Personnel Health Care Providers Nurses Physician Assistants Physicians

#### GUIDELINE OBJECTIVE(S)

- To reduce testing of patients for group A beta streptococcal pharyngitis who present with concomitant viral upper respiratory infection (VURI) symptoms
- To reduce excessive antibiotic treatment through decreased empiric treatment of patients with pharyngitis
- To increase the use of recommended first-line medications for patients with pharyngitis
- To increase patient knowledge about pharyngitis and pharyngitis care

#### TARGET POPULATION

Patients 3 years of age or older in general good health and not at risk, presenting with symptoms of group A beta streptococcal pharyngitis

This guideline does not apply to patients with serious symptoms (such as stridor, respiratory distress). Patients with complicating factors (such as diabetes, pregnancy, immunosuppression) may be included in the guideline after consultation with a provider.

#### INTERVENTIONS AND PRACTICES CONSIDERED

Diagnosis

Rapid strep test or strep throat culture

#### Treatment

- 1. Antibiotic therapy, including:
  - Penicillin V Potassium (PCN-VK)
  - Penicillin G Benzathine
  - Erythromycin
  - Cephalexin
  - Clindamycin
- 2. Patient education regarding:
  - Home remedies
  - Antibiotic treatments
  - The importance of eliminating close contact with family members or visitors to the home while group A beta streptococcal pharyngitis may be contagious
  - Non-strep causes of sore throat where applicable

#### MAJOR OUTCOMES CONSIDERED

#### METHODOLOGY

#### METHODS USED TO COLLECT/SELECT EVIDENCE

Searches of Electronic Databases

#### DESCRIPTION OF METHODS USED TO COLLECT/SELECT THE EVIDENCE

No additional description of literature search strategies is available.

#### NUMBER OF SOURCE DOCUMENTS

Not stated

# METHODS USED TO ASSESS THE QUALITY AND STRENGTH OF THE EVIDENCE

Not stated

#### RATING SCHEME FOR THE STRENGTH OF THE EVIDENCE

Not applicable

#### METHODS USED TO ANALYZE THE EVIDENCE

Review of Published Meta-Analyses Systematic Review

#### DESCRIPTION OF THE METHODS USED TO ANALYZE THE EVIDENCE

Not stated

## METHODS USED TO FORMULATE THE RECOMMENDATIONS

Not stated

#### RATING SCHEME FOR THE STRENGTH OF THE RECOMMENDATIONS

Not applicable

#### **COST ANALYSIS**

A formal cost analysis was not performed and published cost analyses were not reviewed.

#### METHOD OF GUIDELINE VALIDATION

#### DESCRIPTION OF METHOD OF GUIDELINE VALIDATION

Institute Partners: System-Wide Review

The guideline draft, discussion, and measurement specification documents undergo thorough review. Written comments are solicited from clinical, measurement, and management experts from within the member medical groups during an eight-week period of "Critical Review".

Each of the Institute's participating medical groups determines its own process for distributing the guideline and obtaining feedback. Clinicians are asked to suggest modifications based on their understanding of the clinical literature coupled with their clinical expertise. Representatives from all departments involved in implementation and measurement review the guideline to determine its operational impact. Measurement specifications for selected measures are developed by the Institute for Clinical Systems Improvement (ICSI) in collaboration with participating medical groups following general implementation of the guideline. The specifications suggest approaches to operationalizing the measure.

Guideline Work Group: Second Draft

Following the completion of the "Critical Review" period, the guideline work group meets 1-2 times to review the input received. The original guideline is revised as necessary and a written response is prepared to address each of the suggestions received from medical groups. Two members of the Respiratory Steering Committee carefully review the Critical Review input, the work group responses, and the revised draft of the guideline. They report to the entire committee their assessment of two questions: (1) Have the concerns of the medical groups been adequately addressed? (2) Are the medical groups willing and able to implement the guideline? The committee then either approves the guideline for pilot testing as submitted or negotiates changes with the work group representative present at the meeting.

#### Pilot Test

Medical groups introduce the guideline at pilot sites, providing training to the clinical staff and incorporating it into the organization's scheduling, computer, and other practice systems. Evaluation and assessment occurs throughout the pilot test phase, which usually lasts for three months. Comments and suggestions are solicited in the same manner as used during the "Critical Review" phase.

The guideline work group meets to review the pilot sites' experiences and makes the necessary revisions to the guideline, and the Respiratory Steering Committee reviews the revised guideline and approves it for implementation.

#### RECOMMENDATIONS

#### MAJOR RECOMMENDATIONS

The recommendations for the management of acute pharyngitis are presented in the form of an algorithm with 17 components, accompanied by detailed annotations. An algorithm is provided for <u>Acute Pharyngitis</u>. Clinical highlights and selected annotations (numbered to correspond with the algorithm) follow.

Class of evidence (A-D, M, R, X) ratings are defined at the end of the "Major Recommendations" field.

## Clinical Highlights

- 1. Diagnosis of group A beta streptococcal (GABS) pharyngitis should be made by laboratory testing rather than clinically. (Annotation 10, 11 - see original guideline document; annotation 16)
- 2. Patients diagnosed with GABS pharyngitis should be treated with penicillin or cephalexin. Patients with this diagnosis should be treated with erythromycin if they are allergic to penicillin. (Annotation 13)
- 3. Patients who are diagnosed with GABS pharyngitis should be educated on strep pharyngitis including the importance of following the prescribed medication regimen, use of home remedies to relieve symptoms, actions to take if symptoms worsen, and the importance of eliminating close contact with family members or visitors to the home while GABS may be contagious. (Annotation 14)
- 4. If laboratory testing indicates that sore throat is not caused by GABS, patients need to be educated on ineffectiveness of antibiotic treatment, use of home remedies to relieve symptoms, and actions to take if symptoms worsen. (Annotation 15)

#### Acute Pharyngitis Algorithm Annotations

 Patients >3 years old with symptoms of group A beta streptococcal (GABS) pharyngitis

Symptoms typically associated with GABS pharyngitis:

- 1. Sudden onset of sore throat
- 2. Exudative tonsillitis
- 3. Tender anterior cervical adenopathy
- 4. History of fever
- 5. Headache
- 6. Abdominal pain

Symptoms sometimes associated with GABS pharyngitis:

- 1. Vomiting
- 2. Malaise
- 3. Anorexia
- 4. Rash or urticaria

Patients with recent strep exposure may be more likely to have GABS pharyngitis.

This guideline should not be applied to children younger than 3 years of age.

## 4. Complicating Factors?

This guideline applies to patients in generally good health with none of the following risk factors. Patients with these conditions may be included in this guideline after consultation with a provider:

- 1. History of rheumatic fever
- 2. Human immunodeficiency virus (HIV) positive
- 3. Patient on chemotherapy
- 4. Immunosuppressed
- 5. Diabetes mellitus
- 6. Pregnant
- 7. Patient started antibiotics prior to diagnosis
- 8. Sore throat for more than 5 days duration
- 9. Persistent infection/treatment failure recurrence of symptoms within 7 days of completing antibiotic therapy
- 10. Recurrent streptococcal pharyngitis recurrence of culture positive GABS pharyngitis more than 7 days but within 4 weeks of completing antibiotic therapy

#### 8. Patient on Antibiotics for Other Conditions?

Patients currently on anti-streptococcal antibiotics are unlikely to have streptococcal pharyngitis and likely do not have the disease. Antibiotics not reliably anti-streptococcal include sulfa medications (Septra, Bactrin, Gantrisin), nitrofurantoin (Macrondantin) and tetracycline.

#### 9. Education

When a patient currently on antibiotics (other than sulfa, tetracycline, nitrofurantoin or other non-strep antibiotics) is taking the medication as prescribed and develops a sore throat, chance are that the sore throat is caused by something other than GABS. Treatment failure for GABS is rare. Education will be needed on home remedies for sore throats.

#### Home remedies include:

- Take acetaminophen or ibuprofen. Do not use aspirin with children and teenagers because it may increase the risk of Reyes Syndrome.
- Gargle with warm salt water (1/4 teaspoon of salt per 8 oz glass of water).
- Adults or older children may suck on throat lozenges, hard candy, or ice. Gargling with ice water can be soothing.
- Eat soft foods. Drink cool beverages or warm liquids.
- Suck on flavored frozen desserts (such as popsicles).

The patient should be instructed to call back if the symptoms worsen or if they persist beyond 5 to 7 days.

## 11. Strep Culture (STCX)/16. Perform RST

The rapid strep test (RST) and strep culture (STCX) both require proper collection technique by trained professionals and must be performed according to the U.S. Clinical Laboratory Improvement Act (CLIA) regulations. Poor collection procedures reduce accuracy of either test. RST must also be performed according to the manufacturer's guidelines. An appropriately performed throat swab touches both tonsillar pillars and the posterior pharyngeal wall. The tongue should not be included (although its avoidance is sometimes technically impossible). Backup STCX is needed if the RST is negative. The best yield is obtained by using separate swabs for RST and STCX.

If RST is not available, STCX (culture to determine the absence or presence of GABS) should be performed. Generally treatment should be delayed until STCX results are available. Results are usually available within 24 hours or slightly less, but may require incubation for longer periods of time. Some clinicians choose to initiate treatment prior to culture result availability, but a full course of treatment should not be prescribed until culture results confirm the presence of GABS.

A less satisfactory strategy is empiric treatment. Using complex clinical scoring systems or in patients with the complete constellation of classic strep symptoms, empiric treatment may be justified, but it has significant limitations. If full course treatment is initiated without intent to rely on the test results, laboratory testing is redundant and wasteful. Routinely culturing and prescribing antibiotic treatment for asymptomatic family members is not recommended. Routinely reculturing patients after treatment with antibiotics is not recommended.

Evidence supporting this recommendation (clinical scoring system) is of class: C

Evidence supporting this recommendation (RST and STCX) is of classes: C, M, R

#### 12. STCX Result

Whether or not the test is positive, patients and their families want to know results as soon as possible so that they can appropriately plan for their needs.

- If negative, they need educational information and a planned course of action if they do not recover in a reasonable time frame or if they become more ill.
- If positive, patients want to be started on medication as rapidly as possible, primarily as a comfort or convenience issue and to reduce contagion. Rheumatic fever prophylaxis is likely satisfactory if started

within a week of the positive culture; however, patients and parents may perceive any delay in initiation of treatment as poor service.

13. Treatment (see Table I in the original guideline document)

#### Primary Episodes

• Penicillin (PCN) is the drug of choice for treatment of culture positive cases of GABS pharyngitis.

Penicillin remains the drug of choice for streptococcal pharyngitis. Amoxicillin offers no microbiologic advantage as compared to the narrower spectrum penicillin. Although the taste of amoxicillin suspension is preferable to PCN suspension, providers can consider promoting the benefits of twice a day (BID) versus three times a day (TID) dosing (no school/daycare dosing), low cost, narrow spectrum, and the excellent therapeutic record of penicillin for strep pharyngitis to patients and parents to encourage its use.

- Intramuscular (IM) penicillin may be advisable if the possibility of poor compliance is a concern.
- In PCN-allergic patients, erythromycin is the drug of choice. If the adverse reaction was not anaphylaxis, cephalexin is still a reasonable choice
- In PCN- and erythromycin-allergic patients, consideration should be given to spectrum and cost of antibiotic chosen.
- Although broader spectrum PCNs, such as ampicillin and amoxicillin, are often used for treatment of GABS pharyngitis, they offer no microbiologic advantage over the narrower spectrum PCN.

There is some evidence that GABS are becoming resistant to macrolide antibiotics. Local resistance patterns should be included in the consideration for an alternative antibiotic choice in PCN allergic patients.

Please refer to Table I in the original guideline document for additional information.

#### Persistent Infections/Treatment Failure

 Treatment of persistent infection should be directed toward eradication of both GABS and beta-lactamase--producing protective organisms.

Note: All episodes consist of clinical findings and positive lab tests within 7 days after completion of a course of antibiotic therapy.

- Recommendations:
  - Erythromycin
  - Cephalexin
  - Clindamycin
  - Amoxicillin/clavulanate

Carrier state is briefly discussed in the "Discussion and References" section of the original guideline document.

Evidence supporting this recommendation (use of penicillin) is of classes: A, M, R

Evidence supporting this recommendation (use of erythromycin) is of classes: A, D

## 14. Educate on GABS Pharyngitis

When the strep screen is positive, it is important for the patient or care giver to understand the course of the illness and the importance of taking the complete course of antibiotics. They should be aware that the patient is contagious until they have been on the antibiotic for 24 hours, and that they should see improvement in acute symptoms within 48 hours. In order to prevent the occurrence of rheumatic fever, it is vital for patients to continue antibiotics for the full course of treatment even when they feel completely better. Patients or the care givers should call their health care provider if the patient is not feeling significantly better or if their symptoms persist or worsen after 48 hours, or if other members of the family show the same symptoms.

#### Home remedies include:

- Take acetaminophen or ibuprofen. Do not use aspirin with children or teenagers because it may increase the risk of Reyes Syndrome.
- Gargle with warm salt water (1/4 tsp of salt per 8 oz glass of water).
- Adults or older children may suck on throat lozenges, hard candy, or ice. Gargling with ice water can be soothing.
- Eat soft foods. Drink cool beverages or warm liquids.
- Suck on flavored frozen desserts (such as popsicles).

Provide educational material and antibiotic chart for the patient to take home. This information should include the importance of eliminating close contact with family members or visitors to the home while GABS may be contagious.

### 15. Educate on Non-GABS Pharyngitis and Home Remedies

If the RST or the STCX is negative, the patient needs to be educated on nonstrep sore throats. This includes the duration of the symptoms, ineffectiveness of antibiotic treatment, and home remedies that will ease the symptoms. The patient should be instructed to call back if the symptoms worsen or if they persist beyond 5 to 7 days.

#### Home remedies include:

- Take acetaminophen or ibuprofen. Do not use aspirin with children or teenagers because it may increase the risk of Reyes Syndrome.
- Gargle with warm salt water (1/4 tsp of salt per 8 oz glass of water).

- Adults or older children may suck on throat lozenges, hard candy, or ice. Gargling with ice water can be soothing.
- Eat soft foods. Drink cool beverages or warm liquids.
- Suck on flavored frozen desserts (such as popsicles).

Provide educational material about non-strep causes of sore throats and home remedies for the patient to take home.

#### Definitions:

Classes of Research Reports:

A. Primary Reports of New Data Collection:

Class A:

· Randomized, controlled trial

Class B:

Cohort study

Class C:

- Non-randomized trial with concurrent or historical controls
- Case-control study
- Study of sensitivity and specificity of a diagnostic test
- Population-based descriptive study

Class D:

- Cross-sectional study
- Case series
- Case report
- B. Reports that Synthesize or Reflect upon Collections of Primary Reports

Class M:

- Meta-analysis
- Systemic review
- Decision analysis
- Cost-effectiveness study

Class R:

- Consensus statement
- Consensus report
- Narrative review

Class X:

Medical opinion

#### CLINICAL ALGORITHM(S)

A detailed and annotated clinical algorithm is provided for Acute Pharyngitis.

#### EVIDENCE SUPPORTING THE RECOMMENDATIONS

#### TYPE OF EVIDENCE SUPPORTING THE RECOMMENDATIONS

The guideline contains an annotated bibliography and discussion of the evidence supporting each recommendation. The type of supporting evidence is classified for selected recommendations (see "Major Recommendations").

#### BENEFITS/HARMS OF IMPLEMENTING THE GUIDELINE RECOMMENDATIONS

#### POTENTIAL BENEFITS

Following the guideline recommendation may:

- Decrease the incidence of rheumatic fever and suppurative complications of patients with group A beta streptococcal infections
- Minimize the secondary spread of illness
- Shorten the course of the illness

#### POTENTIAL HARMS

- Penicillin G Benzathine (intramuscular). Side effects include pain at the injection site. There is a possible increased incidence of allergies with procaine; if serious allergy develops, cannot discontinue drug exposure.
- Erythromycin. May cause gastrointestinal upset.
- Clindamycin. Pseudomembranous colitis may occur up to several weeks after cessation of therapy. Stevens Johnson syndrome may also occur.

#### QUALIFYING STATEMENTS

## QUALIFYING STATEMENTS

- These clinical guidelines are designed to assist clinicians by providing an analytical framework for the evaluation and treatment of patients, and are not intended either to replace a clinician's judgment or to establish a protocol for all patients with a particular condition. A guideline will rarely establish the only approach to a problem.
- This clinical guideline should not be construed as medical advice or medical opinion related to any specific facts or circumstances. Patients are urged to consult a health care professional regarding their own situation and any specific medical questions they may have.

## IMPLEMENTATION OF THE GUIDELINE

#### DESCRIPTION OF IMPLEMENTATION STRATEGY

Once a guideline is approved for general implementation, a medical group can choose to concentrate on the implementation of that guideline. When four or more groups choose the same guideline to implement and they wish to collaborate with others, they may form an action group.

In the action group, each medical group sets specific goals they plan to achieve in improving patient care based on the particular guideline(s). Each medical group shares its experiences and supporting measurement results within the action group. This sharing facilitates a collaborative learning environment. Action group learnings are also documented and shared with interested medical groups within the collaborative.

Currently, action groups may focus on one guideline or a set of guidelines such as hypertension, lipid treatment, and tobacco cessation.

The following detailed measurement strategies are presented to help close the gap between clinical practice and the guideline recommendations.

Priority Aims for Medical Groups When Using This Guideline

1. Reduce testing of patients for group A beta streptococcal (GABS) pharyngitis who present with concomitant viral upper respiratory infection (VURI) symptoms.

Possible measures of accomplishing this aim:

- a. Percentage of patients tested with viral upper respiratory infection symptoms tested with rapid strep test (RST) or strep throat culture (STCX).
- 2. Reduce excessive antibiotic treatment through decreased empiric treatment of patients with pharyngitis.

Possible measures of accomplishing this aim:

- a. Percentage of patients with pharyngitis treated with antibiotics who had a negative culture or no rapid strep test or strep throat culture.
- b. Percentage of patients with pharyngitis diagnosis that had a RST or STCX.
- 3. Increase the use of recommended first-line medications for patients with pharyngitis.

Possible measures of accomplishing this aim:

- a. Percentage of patients with pharyngitis treated with penicillin, erythromycin, or cephalexin.
- 4. Increase patient knowledge about pharyngitis and pharyngitis care.

Possible measures of accomplishing this aim:

- a. Percentage of patients with pharyngitis on antibiotics with documentation of education on 24-hour treatment prior to returning to work, school, or day care.
- b. Percentage of patients with negative RST or STCX with documentation of education concerning home remedies.
- c. Percentage of patients with negative RST or STCX with documentation of education concerning time schedule to call back if symptoms do not improve in 5 to 7 days.
- d. Percentage of patients with pharyngitis prescribed antibiotics with documentation of being educated on taking the complete course.

Possible Success Measure #1a

Percentage of patients with a strep screen that have viral upper respiratory infection (VURI) symptoms.

Population Definition

Patients with a strep screen

Data of Interest

# of people with a diagnosis of VURI
# of people who received a strep screen

Numerator/Denominator Definitions

Numerator:

Patients diagnosed with VURI (see the original guideline document for specific ICD-9 codes)

Denominator:

Patients with a strep screen (see the original guideline document for specific CPT codes)

Method/Source of Data Collection

Identify patients with either a RST or STCX. Some medical groups will be able to identify the population of patients through patient computer records. The medical record of each patient is reviewed to determine if the patient had VURI symptoms.

Time Frame Pertaining to Data Collection

The suggested time period is a calendar month.

Possible Success Measure #2b

Percentage of patients with pharyngitis diagnosis that had a strep screen.

Population Definition

Patients with pharyngitis diagnosis

Data of Interest

#of people who received a strep screen
# of people with a diagnosis of pharyngitis

Numerator/Denominator Definitions

Numerator:

Patients who received a strep screen

Denominator:

Patients diagnosed with pharyngitis diagnosis (see the original guideline document for specific ICD-9 codes)

Method/Source of Data Collection

Identify patients with pharyngitis diagnosis (see the original guideline document for specific ICD-9 codes). Some medical groups will be able to identify the population of patients through patient computer records.

The medical record of each patient is reviewed to determine if the patient had either a rapid strep test or strep throat culture.

Time Frame Pertaining to Data Collection

The suggested time period is a calendar month.

Note

One of the Priority Aims of the guideline is the reduction of excess antibiotic treatment. This measure assesses whether patients diagnosed with pharyngitis and strep pharyngitis have had the appropriate screening test performed. The intent is to reduce treatment of strep pharyngitis based on empiric assessment only.

Systems Approaches to Implementation for this Guideline

- 1. All patients three years of age and older who present or call with symptoms suggestive of acute pharyngitis should be screened by qualified medical personnel.
- 2. Patients with sore throat and upper respiratory infection symptoms are unlikely to have GABS streptococcal pharyngitis and will be triaged to the Institute for Clinical Systems Improvement (ICSI) VURI for Adults and Children Guideline.

# INSTITUTE OF MEDICINE (IOM) NATIONAL HEALTHCARE QUALITY REPORT CATEGORIES

**IOM CARE NEED** 

Getting Better

IOM DOMAIN

Effectiveness Patient-centeredness

#### IDENTIFYING INFORMATION AND AVAILABILITY

#### BIBLIOGRAPHIC SOURCE(S)

Institute for Clinical Systems Improvement (ICSI). Acute pharyngitis. Bloomington (MN): Institute for Clinical Systems Improvement (ICSI); 2003 May. 27 p. [43 references]

**ADAPTATION** 

Not applicable: The guideline was not adapted from another source.

DATE RELEASED

1998 Aug (revised 2003 May)

GUIDELINE DEVELOPER(S)

Institute for Clinical Systems Improvement - Private Nonprofit Organization

#### GUI DELI NE DEVELOPER COMMENT

Organizations participating in the Institute for Clinical Systems Improvement (ICSI): Affiliated Community Medical Centers, Allina Medical Clinic, Altru Health System, Aspen Medical Group, CentraCare, Columbia Park Medical Group, Community-University Health Care Center, Dakota Clinic, ENT SpecialtyCare, Fairview Health Services, Family HealthServices Minnesota, Family Practice Medical Center, Gateway Family Health Clinic, Gillette Children's Specialty HealthCare, Grand Itasca Clinic and Hospital, HealthEast Care System, HealthPartners Central Minnesota Clinics, HealthPartners Medical Group and Clinics, Hutchinson Area Health Care, Hutchinson Medical Center, Lakeview Clinic, Mayo Clinic, Mercy Hospital and Health Care Center, MeritCare, Minnesota Gastroenterology, Montevideo Clinic, North Clinic, North Memorial Care System, North Suburban Family Physicians, Northwest Family Physicians, Olmsted Medical Center, Park Nicollet Health Services, Pilot City Health Center, Quello Clinic, Ridgeview Medical Center, River Falls Medical Clinic, RiverWay Clinics, Saint Mary's/Duluth Clinic Health System, St. Paul Heart Clinic, Southside Community

Health Services, Stillwater Medical Group, SuperiorHealth Medical Group, University of Minnesota Physicians

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#### GUI DELI NE COMMITTEE

Respiratory Steering Committee

#### COMPOSITION OF GROUP THAT AUTHORED THE GUIDELINE

Work Group Members: William Rabe, MD (Work Group Leader) (RiverWay Clinics) (Pediatrics); Margaret Gill, MD (Mayo Clinic) (Family Practice); James Hart, MD (HealthPartners Medical Group) (Internal Medicine); Leonard Snellman, MD (HealthPartners Medical Group) (Pediatrics); Kim Little, MS (HealthPartners Medical Group) (Laboratory); Julie White, RN (HealthPartners Medical Group) (Nursing); Laurie Fenwick (Minnesota Life) (Employer Group Representative); Penny Carson (Institute for Clinical Systems Improvement) (Measurement Advisor); Sherri Huber, MT (ASCP) (Institute for Clinical Systems Improvement) (Facilitator)

#### FINANCIAL DISCLOSURES/CONFLICTS OF INTEREST

In the interest of full disclosure, ICSI has adopted a policy of revealing relationships work group members have with companies that sell products or services that are relevant to this guideline topic. It is not assumed that these financial interests will have an adverse impact on guideline content. They simply are noted here to fully inform users of the guideline.

All work group members: none declared.

#### **GUIDELINE STATUS**

This is the current release of the guideline.

This guideline updates a previous version: Institute for Clinical Systems Improvement (ICSI). Acute pharyngitis. Bloomington (MN): Institute for Clinical Systems Improvement (ICSI); 2001 Dec. 24 p.

The next scheduled revision will occur within 18 months.

#### GUIDELINE AVAILABILITY

Electronic copies: Available from the <u>Institute for Clinical Systems Improvement</u> (ICSI) Web site.

Print copies: Available from ICSI, 8009 34th Avenue South, Suite 1200, Bloomington, MN 55425; telephone, (952) 814-7060; fax, (952) 858-9675; Web site: www.icsi.org; e-mail: icsi.info@icsi.org.

#### AVAILABILITY OF COMPANION DOCUMENTS

The following is available:

• Acute pharyngitis. In: ICSI pocket guidelines. April 2003 edition. Bloomington (MN): Institute for Clinical Systems Improvement, 2003 Mar p. 186-90.

Print copies: Available from ICSI, 8009 34th Avenue South, Suite 1200, Bloomington, MN 55425; telephone, (952) 814-7060; fax, (952) 858-9675; Web site: www.icsi.org; e-mail: icsi.info@icsi.org.

#### PATIENT RESOURCES

None available

#### NGC STATUS

This summary was completed by ECRI on February 15, 2000. The information was verified by the guideline developer as of March 15, 2001. This summary was updated by ECRI on May 23, 2001, June 19, 2002, and most recently on December 30, 2003.

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# FIRSTGOV

